

Learn and Teach Meditation



Why study meditation? Why learn how to teach others?

These units include the history and practice of meditation and *lectio divina*, and provides an opportunity for students to reflect on their own spiritual gifts.

Acquire skills for teaching meditation at various levels and in various contexts such as schools, parishes, and aged care facilities.

Three units

- Meditation: The Evolving Tradition
- Teaching Meditation and Prayer
- Meditation and Wellbeing

Visit our [timetable](#) for more information:



You can enrol:

- as an audit student: \$650 per unit
- as a single unit: from \$2,109 per unit
- in an undergraduate award: \$2,109 per unit
- in a postgraduate award: \$3,268 per unit
- in the [Graduate Certificate in Teaching Meditation](#): \$3,268 per unit

Ask us about payment options, including FEE-HELP.

Accreditation

- The [Graduate Certificate in Teaching Meditation](#) is eligible for sponsored study in all Victorian dioceses. In other dioceses, teachers should check with their education office.
- It fulfils the membership requirements for [Meditation Association of Australia](#)